



# You can meet with a Financial Consultant at Appalachian State University.

No matter where you are in life—just getting started or planning for retirement—a session with a Financial Consultant can help you create a plan for your goals. And, it’s at no additional cost as a part of your retirement plan. You’ll get answers to these questions and more:

- Am I invested in the right mix of investments to help meet my goals?
- Am I saving enough to create the retirement income I need?
- How do I take income from my retirement account once I stop working?

TIAA will be available these dates and times for one-on-one sessions.

Date	Time	Location
Tuesday, Jun 24, 2025	9 am – 4 pm	HR CONFERENCE ROOM
Tuesday, Jul 22, 2025	9 am - 4 pm	HR CONFERENCE ROOM

Be sure to have these financial statements on hand for your meeting:

- Investment
- Retirement
- Savings



RSVP today, as space is limited. Register for sessions at [tiaa.org/schedulenow](https://tiaa.org/schedulenow) or by calling **800-732-8353**, weekdays, 8 a.m. to 10 p.m. (ET). We look forward to working with you.





**Peter Kohn, RICP, CHFC**  
Financial Consultant



Based on independent third-party advice methodology.

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