



## Discover How the NC 401(k) Plan and the NC 457 Plan Can Help You Achieve Retirement Readiness

Learn what simple steps you can take *today* to help give yourself a more secure financial future.

<b>Topic</b>	<b>Date</b>	<b>Time</b>	<b>Register</b>
<b>Naming Your Beneficiary</b> Learn how the NC 401k & NC 457 Retirement Plans have the potential to protect your loved ones, including recent plan changes to accommodate inherited accounts.  <i>Audience: NC 401k &amp; NC 457 Participants</i>	<b>July 11</b>	<b>12-12:30pm</b>	<a href="#">Register Here</a>
	<b>July 13</b>	<b>4-4:30pm</b>	<a href="#">Register Here</a>
<b>NC Plans Roadmap to Retirement</b> Retiree Advocate, Mark McCluskey, will provide an overview of the topics one should consider on their journey to and through retirement to include asset allocation, longevity risk, Social Security, and healthcare in retirement.  <i>Audience: Anyone age 50+</i>	<b>July 18</b>	<b>12-1pm</b>	<a href="#">Register Here</a>
<b>NC Retirement Systems: Avoiding Scams, Frauds &amp; Exploitation of Retirement Assets</b> The Department of State Treasurer Retirement Systems Division is hosting a special NC Total Retirement Webinar coupled with a discussion of how to protect your Retirement Assets. Special guest speakers Misty Piekaar-McWilliams, JD Dept of Health & Human Services and John Maron, Secretary of State.  <i>Audience: All TSERS &amp; LGERS Employees</i>	<b>July 19</b>	<b>1-3pm</b>	<a href="#">Register Here</a>
<b>The NC 401(k) &amp; NC 457 Retirement Plans: Helping State Employees Achieve Retirement Readiness</b> Join Michael Noel for an evening presentation to assist State employees understand the NC Supplemental Retirement Plans. Topics will include a discussion of plan features, the distinction between pretax & after-tax Roth contributions, and the available investment options.  <i>Audience: State Employees</i>	<b>July 20</b>	<b>6-7pm</b>	<a href="#">Register Here</a>
<b>What Happens When You Leave?</b> Keep your money in the NC 401k or NC 457? Make a withdrawal? Rollover? Whether you're retiring or terminating employment,	<b>July 25</b>	<b>12-12:45pm</b>	<a href="#">Register Here</a>

<p>you've worked hard to save for retirement. Discover in this webinar the options available to you when you leave employment.</p> <p><i>Audience: anyone close to separating from service</i></p>	<b>July 27</b>	<b>4-4:45pm</b>	<a href="#">Register Here</a>
<p><b>NC Total Retirement Planning Webinar for TSERS Employees</b></p> <p>This interactive webinar is a joint presentation hosted by the NC Department of State Treasurer Retirement Systems Division discussing the Teachers' &amp; State Employees Retirement System, the NC 401(k) &amp; NC 457, and the retirement process.</p> <p><i>Audience: Teachers &amp; State Employees nearing retirement.</i></p>	<b>July 27</b>	<b>9:30-11am</b>	<a href="#">Register Here</a>
<p><i>Schedule a personal consultation with <b>Donny Dutton</b> to discuss your retirement-related questions.</i></p>	<b>Monday thru Friday</b>	<b>Variable (30-minute appointments)</b>	<a href="#">Register Here</a>

**Need help?** Contact Donny Dutton, your Empower Retirement Education Counselor, at 336-209-3507 or [Donny.Dutton@Empower.com](mailto:Donny.Dutton@Empower.com)

**Registration is easy:**

- Click on the link in the table above to register.
- Once you register for a session, you'll receive a confirmation email that contains a calendar invite. Be sure to "ACCEPT" the invite so it populates your calendar.

**On the day of the webinar, please remember:**

- To attend the session, click on the link in your calendar invite. You can join up to 15 minutes early.
- You will be asked to enter your name, email, and the seminar password. Be sure to log in using the email address that you registered with!
- You will then be asked how you want to hear the session — choose the option to use the computer for audio if you have speakers or a headset for listening (be sure to turn your speaker volume up!) or choose to "Call In" and a toll-free number and passcode will display for you to dial in from your cell or land line.

**We look forward to seeing you there!**

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